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Hormone Injections:

We recommend subcutaneous injections NOT intramuscular injections. Subcutaneous injections use smaller, shorter needles to inject hormones just under the skin into the fatty tissue. While hormones were originally made to be injected into the muscle, over time intramuscular injections lead to scarring in the muscles which can cause chronic pain.
Subcutaneous injections cause less pain at the time of injection and less risk of long-term pain and scarring. Your hormones will still work JUST AS WELL!

Your pharmacist might continue to recommend intramuscular injections, please ignore them! Also, they may give you the wrong injection supplies. Please use the list below to verify your injection supplies or order them online:

Injection supplies for subcutaneous testosterone or estradiol

4-5 each per month

- 1mL threaded syringe (3mL syringe will NOT work and a slip tip or oral syringe will NOT work)
- 18-21 gauge (blunt) 1-1.5 inch needles (for drawing up medication)
- 23-25 gauge ⅝ inch needles for subcutaneous injection

Online ordering: https://www.healthwarehouse.com/

- Product ID: A285122- BD Regular Bevel Needles 25 Gauge, 5/8", - 100 Needles
- Product ID: A10039382- BD Luer-Lok Tip Syringe Without Needle, 1cc - 100ct Box
- Product ID: A284604- BD Needle Only 20 Gauge 1.5 inch 100/Box

Total price for one box of 100 each is $76.97. You can sign up for monthly emails and get free shipping or pay $3.00 for shipping. They ship to Alaska, Idaho, and Washington, and you do not need a prescription.

**We also recommend using GoodRx.com to review cash prices of prescriptions at pharmacies near year and to download coupons.*

****WATCH OUR ONLINE VIDEOS at QueerDoc.com self injection page (https://queerdoc.com/before-your-visit/self-injections/) to learn more about types of injections, supplies, and **HOW** to inject*