Resources Regarding Trans Athletes

- For their medical providers:
  - Brukner & Khan's Clinical Sports Medicine. 5th ed. Volume 2. McGraw-Hill Education; 2019
  - Chapter 30 in Volume 2 discusses transgender and intersex athletes
  - PPE: Preparticipation Physical Evaluation Monograph. 5th ed. American Academy of Pediatrics; 2019
  - Overview of the preparticipation physical evaluation, including a systems-based approach with inclusion of special groups, such as transgender athletes.
- For athletes
  - Follow on IG
    - @pinkmantaray
  - Athlete Ally
    - Focuses on ending homophobia and transphobia in sports through education and empowerment.
    - https://www.athleteally.org/
  - Campus Pride
    - Provides information about LGBTQ+ student athletes
    - https://www.campuspride.org/topics/athletics/
  - LGBT SportSafe
    - Provides training for athletic coaches and administrators on how to create a more inclusive athletic community
    - https://lgbtsportsafe.com/
  - Transathlete
    - Provides updated information on policies of various organizations around the world and provides inclusive athletic policies
    - https://www.transathlete.com/
  - World Anti-Doping Agency
    - Guidelines for therapeutic use exemptions for transgender athletes
    - https://www.wada-ama.org/en/resources/therapeutic-use-exemption-tue/checklist-for-therapeutic-use-exemption-tue-application-12 (link provided does not work, found the updated one, i think)
  - You Can Play
    - Advocates for the inclusion of all LGBTQ+ in sports, including athletes, coaches, staff, and fans
    - https://www.youcanplayproject.org/