Resources for Adolescents around Puberty and Sex

- Sex Education for All Ages- some of it is more gender affirming then others
    - https://amaze.org/parents/
- “It’s Perfectly Normal”- book about puberty and sexual health
- https://www.them.us/story/tiktok-sex-education-lgbtq-sexuality-online
    - Growing Into You online workshop
    - Amaze makes animated videos about puberty- many (but not all) of them are gender inclusive
    - Queer Kid Stuff a web series
    - EveryBody Curious a web series
- Books
    - It’s Perfectly Normal
    - Sex Positive Talks to Have With Kids
    - Youology
    - The Every Body Book
    - https://www.flamingorampant.com/
- TikToks: https://www.them.us/story/tiktok-sex-education-lgbtq-sexuality-online
- IG: https://shame-mag.com/sex-educators-to-follow-june/